Wednesday 13 May 2026

Pre-Conference

Argyle Grand Hotel, Nairobi · 5 sessions · 4 venues in parallel

Victoria Hall 1 | Victoria Hall 2 | Victoria Hall 3 | Main Lobby

TIME	VICTORIA HALL 1	VICTORIA HALL 2	VICTORIA HALL 3	MAIN LOBBY
08:00 PARALLEL to 18:00	WORKSHOP · 08:00–16:30 · AM **Airway Management in the ICU — Navigating the Physiological Frontier** Pre-Congress Workshop · Based on DAS 2025 Guidelines **Lead:** Dr Kevin Umani · **Faculty:** Dr Charles Kabetu, Dr Mohamed Billow, Dr Sheila Gitau SPONSOR GE Healthcare · Nairobi X-Ray Supplies 08:00–08:30 **Introduction & Logistics** *Dr Kevin Umani*	WORKSHOP · 08:00–17:00 · POCUS **Point of Care Ultrasound (POCUS) — The AI-Driven Diagnostic Standard** Pre-Congress Workshop · Didactic + Hands-On Scanning **Lead:** Dr Romeo Wahome · **Faculty:** Dr Susan Mutahi, Derick, Dr Emma, Brian SPONSOR Hatch Technologies 08:00–08:30 *Arrival & Registration*	WORKSHOP · 08:00–16:00 · AMV **Advanced Mechanical Ventilation: Beyond 6 ml/kg** Pre-Congress Workshop · Flipped-Classroom Hybrid **Lead:** Dr Idris Chikophe · **Faculty:** Dr Sally Getugi, Dr Betty Sirera, Dr Carolyne Njoki, Dr David Odaba SPONSOR Dräger · Nexus Medical 08:00–08:30 *Registration & Welcome Coffee*	REGISTRATION · 08:00–08:30 **Registration**
08:30	08:30–09:15 **Lecture 1 — The ICU Airway** *Dr Kevin Umani*	08:30–09:00 All **Workshop Introductions & Communications** *Dr Idris Chikophe, Dr Susan Mutahi, Dr Romeo Wahome*	08:30–08:45 **Introduction & Setting the Stage**	
08:45			08:45–08:54 A1 **The 6 ml/kg Rule — Then and Now** *Dr Betty Sirera*	
08:54			08:54–09:03 A2 **Mechanical Power — The Missing Variable** *Dr Betty Sirera*	
09:00		09:00–09:20 I1 **Introduction to POCUS & AI in POCUS** *Derick*		
09:03			09:03–09:12 A3 **The Baby Lung — Regional Strain & CT Compartments** *Dr Sally Getugi*	
09:12			09:12–09:21 B1 **The Inspiratory Pause — Your Most Valuable 30 Seconds** *Dr Betty Sirera*	
09:15	09:15–10:00 **Lecture 2 — DAS 2025 Guidelines** *Dr Charles Kabetu*			

TIME	VICTORIA HALL 1	VICTORIA HALL 2	VICTORIA HALL 3	MAIN LOBBY
09:21			09:21–09:30 B2 **Measuring Compliance at the Bedside** *Dr Betty Sirera*	
09:25		09:25–10:00 I2 **Lung Ultrasound — Effusions, Consolidation & Thoracentesis** *Dr Emma*		
09:30			09:30–09:39 B3 **Baby Lung Correction & the Safety Dashboard** *Dr Sally Getugi*	
09:39			09:39–09:48 C1 **Regional Aeration — What the CT Tells You** *Dr Idris Chikophe*	
09:48			09:48–09:57 C2 **LUS & PEEP — The ΔP Compass** *Dr Sally Getugi*	
10:00	10:00–10:15 *Coffee Break*	10:00–10:20 *Tea Break*	10:00–10:30 *Tea Break*	
10:15	10:15–12:15 **Skill Rotations — Set A**			
10:20		10:20–11:05 **Hands-On: Lung & Pleural Scanning** *All Instructors*		
10:30			10:30–10:39 D1 **APRV — Airway Pressure Release Ventilation** *Dr Betty Sirera*	
10:39			10:39–10:48 D2 **APRV Waveforms — Reading the Physiology** *Dr Idris Chikophe*	
10:48			10:48–10:57 E1 **ASV — Solving the Otis Equation** *Dr Idris Chikophe*	

TIME	VICTORIA HALL 1	VICTORIA HALL 2	VICTORIA HALL 3	MAIN LOBBY
10:57			10:57–11:06 E2 **ASV — Prescribing Metabolic Need & Weaning** *Dr Idris Chikophe*	
11:05		11:05–11:45 I3 **Cardiac POCUS — EF, AI EF, IVC, VExUS & FAST** *Dr Susan Mutahi, Derick*		
11:06			11:06–11:36 **Industrial Presentation — Dräger: Lung Protective Ventilation Strategies** *Nadja Ferber* SPONSORED BY Dräger	
11:40			11:40–13:00 **Practical Stations — Rotations 1 & 2**	
11:45		11:45–12:00 Demo **DEMO — Wireless Probes** SPONSORED BY Hatch Technologies		
12:00		12:00–13:00 **Hands-On: Cardiac & Haemodynamic Scanning** *All Instructors*		
12:15	12:15–13:00 *Lunch Break*			
13:00	13:00–15:00 **Skill Rotations — Set B**	13:00–14:00 *Lunch Break*	13:00–14:00 *Lunch Break*	
14:00			14:00–14:40 **Practical Stations — Rotation 3**	
14:10		14:10–14:50 I4 **Interventional Ultrasound — PICC Lines, CVC & Thoracentesis** *Dr Romeo Wahome*		
14:45			14:45–15:30 **MCQ Quick Fire ⚡**	
15:00	15:00–15:15 *Tea Break*	15:00–15:20 I1 **Undifferentiated Shock — POCUS-Guided Approach to Triage**		
15:15	15:15–16:30 **Wrap-up: “Code Airway”** *All Faculty*			

TIME	VICTORIA HALL 1	VICTORIA HALL 2	VICTORIA HALL 3	MAIN LOBBY
15:30 –16:00	*Tea Break · Exhibition Area*			
15:30 CONTINUES to 18:00		**15:30–16:20** I5 **ETT Confirmation, ONSD & Neuro Monitoring** *Brian, Dr Romeo Wahome*	**15:30–15:39** Σ **Summary Lecture: Precision Mechanical Ventilation — The Framework** *Dr Sally Getugi*	
15:39			**15:39–16:00 Closing, Certificates & Group Photo**	
16:00	**SYMPOSIUM · 16:00–18:00** **Parenteral Nutrition: Smarter Lipids for Critical Care** Industry Symposium · SMOFKabiven Theme: Resuscitation & Advanced Organ Support **Chairs:** Dr Cynthia Kamau, Dr Monali Thakkar · **Speaker:** Thandolethu Maboso SPONSORED BY **Fresenius Kabi**			
16:30		**16:30–17:00 Open Scanning, Discussion & Q&A** *All Instructors*		

Thursday 14 May 2026 Day 1

Argyle Grand Hotel, Nairobi · 9 sessions · 2 venues in parallel

Victoria Hall 1 | Victoria Hall 3

TIME	VICTORIA HALL 1	VICTORIA HALL 3
08:30 PARALLEL to 10:20	PARALLEL SESSION · 08:30–10:20 **Deriving Cardiac Output** Theme: Resuscitation & Advanced Organ Support **Chairs:** Dr Angela Ongewe, Dr Bancy Mwangi 08:30–08:55 **The "Poor Man's" Cardiac Output Monitor: Mastering the PCO_2 Gap** *Dr Salim Hassanali*	PARALLEL SESSION · 08:30–10:20 **The Digital ICU** Theme: Data Science, AI & Technology **Chairs:** Dr Sally Getugi, Dr Mohamed Billow 08:30–08:55 **Intraoperative Blood Pressure Patterns as Predictors of ICU Admission** *Dr Daniel Owambo*
08:55	08:55–09:20 **Central Venous Oxygen Saturation: The Global Perfusion Monitor** *Dr Mark Gacii*	08:55–09:20 **Unsupervised Discovery of MAP Trajectory Patterns in 97 Arterial-Line Cases** *Dr Idris Chikophe*
09:20	09:20–09:45 **The Diastolic Shock Index (DSI): Predicting Vasopressor Response** *Dr Susan Mutahi*	09:20–09:45 **Automated Antimicrobial Stewardship using Excel, R, Python and AI** *Dr Fredrick Mutisya*
09:45	09:45–10:10 **Post Cardiac Surgery Care** *Dr Kevin Umani*	09:45–10:10 **The Digital Baby Lung: 3D Volumetry in Parenchymal Lung Disease** *Dr Idris Chikophe*
10:10	10:10–10:20 *Discussion*	10:10–10:20 *Discussion*
10:20 –10:50	*Tea Break · Exhibition Area*	
10:50 –11:10	CEREMONY · ALL HALLS **Opening Ceremony** 10:50–11:10 · Victoria Hall 1	
11:10 –11:55	PLENARY · WORKFORCE & LEADERSHIP · ALL HALLS **Who Will Staff the ICU? — The Critical Care Workforce Crisis** Plenary 1 · Workforce in Critical Care 11:10–11:55 · Victoria Hall 1 · **Speaker:** Dr Andrew Toro · **Chairs:** Dr Carolyne Njoki, Dr Anne-Marie Githaiga	

TIME	VICTORIA HALL 1	VICTORIA HALL 3
11:55 PARALLEL to 13:20	PARALLEL SESSION · 11:55–13:20 **Physics Based Resuscitation** Theme: Resuscitation & Advanced Organ Support **Chairs:** Dr Joseph Lelo, Dr Mwanamkasi Tsutsu 11:55–12:20 **The Echo-Hemodynamic Interface: VTI and the Passive Leg Raise** *Dr Romeo Wahome*	PARALLEL SESSION · 11:55–13:20 **Simulation & Training** Theme: Innovation in Research & Education **Chairs:** Dr Mark Gacii, Dr Daniel Owambo 11:55–12:20 **Evaluation of Critical Care Fellowship** *Dr Demet Sulemanji*
12:20	12:20–12:45 **Venous Congestion: The Silent Killer in Shock (The VExUS Protocol)** *Dr Daniel Gakuo*	12:20–12:45 **Evaluation of Pediatric Emergency & Critical Program Training** *Dr Bhupi Reel*
12:45	12:45–13:10 **The Tidal Volume Challenge: Unmasking Fluid Responsiveness in ARDS** *Dr David Odaba*	12:45–13:10 **From Haptics to Holograms: A Scoping Review of Simulation Technology in Critical Care Pedagogy** *Joash Kiptanui*
13:10	13:10–13:20 *Discussion*	13:10–13:20 *Discussion*
13:20 –14:20	*Lunch · Dining Hall*	
14:20 PARALLEL to 15:45	PARALLEL SESSION · 14:20–15:45 **Trauma and the Red Cell** Theme: Resuscitation & Advanced Organ Support **Chairs:** Dr David Odaba, Dr Victor Nyalle 14:20–14:45 **Managing Massive Blood Transfusion and Coagulopathy** *Dr Anne-Marie Githaiga*	PARALLEL SESSION · 14:20–15:45 **Critical Care Within and Without** Theme: Workforce & Leadership **Chairs:** Dr Romeo Wahome, Dr Kevin Muli 14:20–14:45 **Rural vs. Urban Critical Care: Are the Needs Truly Different?** *Dr Violet Kemunto*
14:45	14:45–15:10 **Transfusion Triggers in Critical Care** *Prof Marcus Lance*	14:45–15:10 **Critical Care After the Medical Equipment Scheme: Results of the ICU Landscaping Study** *Dr Carolyne Njoki*
15:10	15:10–15:35 **Can We Predict the Need for Blood? A Statistical Model for the ICU** *Dr Kenan Nyalile*	15:10–15:35 **Critical Care Without Walls** *Prof Jana Macleod*
15:35	15:35–15:45 *Discussion*	15:35–15:45 *Discussion*
15:45 –16:15	*Tea Break & Poster Running · Exhibition Area · Poster judges: Dr Brenda Kunga, Dr Mark Gacii, Dr Carolyne Njoki, Dr Sally Getugi, Dr Mohamed Billow, Dr George Njogu, Dr Charles Kabetu, Dr Angela Ongewe*	

TIME	VICTORIA HALL 1	VICTORIA HALL 3
16:15 –17:30	BUSINESS MEETING · ALL HALLS **Annual General Meeting (AGM)** Critical Care Society of Kenya 16:15–17:30 · Victoria Hall 1	

Friday 15 May 2026 Day 2

Argyle Grand Hotel, Nairobi · 8 sessions · 2 venues in parallel

Victoria Hall 1 | Victoria Hall 3

TIME	VICTORIA HALL 1	VICTORIA HALL 3
08:30 PARALLEL to 10:20	PARALLEL SESSION · 08:30–10:20 **Renal Salvation** Theme: Resuscitation & Advanced Organ Support **Chairs:** Dr Abdirahman Farah, Dr Betty Sirera 08:30–08:55 **SLED vs. CRRT: The Evidence for Hybrid Therapies** *Dr Hussein Bagha*	PARALLEL SESSION · 08:30–10:20 **Ventilation and Liberation** Theme: Resuscitation & Advanced Organ Support **Chairs:** Dr Aqsa Yusuf, Dr Eugene Muriuki 08:30–08:55 **Lung Protective Ventilation: Beyond Plateau Pressure** *Dr Demet Sulemanji*
08:55	08:55–09:20 **Hyponatremia in the ICU: Challenges, Pitfalls, and Practical Management** *Prof Ahmed Sokwala*	08:55–09:20 **Predicting Weaning Success** *Dr Leah Opere*
09:20	09:20–09:45 **Peritoneal Dialysis in Pediatric Resource-Poor Settings** *Dr Daisy Odundo*	09:20–09:45 **Percutaneous Tracheostomy** *Dr Reuben Okioma*
09:45	09:45–10:10 **To Dialyze or Not: Clinical Vignettes** *Dr George Moturi*	09:45–10:10 **Early vs. Late Tracheostomy in ICU** *Dr Mark Ndara*
10:10	10:10–10:20 *Discussion*	10:10–10:20 *Discussion*
10:20 –10:50	*Tea Break · Exhibition Area*	
10:50 –11:30	PLENARY · RESUSCITATION & ADVANCED ORGAN SUPPORT · ALL HALLS **The Obstetric Patient in the ICU: A High-Stakes Interface** Plenary 2 · Obstetric Critical Care 10:50–11:30 · Victoria Hall 1 · **Speaker:** Dr Patrick Olang' · **Chairs:** Dr Charles Kabetu, Dr Angela Ongewe	
11:30 PARALLEL to 12:55	PARALLEL SESSION · 11:30–12:55 **Tiny Tots: Pediatric Critical Care** Theme: Resuscitation & Advanced Organ Support **Chairs:** Dr Wangui Manguyu, Dr Daisy Odundo 11:30–11:55 **Safety of Peripheral Vaso-actives** *Dr Abdirahman Farah*	PARALLEL SESSION · 11:30–12:55 **Shock & Hemodynamics** Theme: Resuscitation & Advanced Organ Support **Chairs:** Dr Idris Chikophe, Dr Lesley Gesare 11:30–11:55 **Recognizing Right Heart Failure in the ICU** *Dr Barbra Karau*
11:55	11:55–12:20 **Going Tubeless: High Flow Nasal Cannula** *Dr Brenda Kunga*	11:55–12:20 **Midodrine in the ICU: Liberating the Bed** *Dr Mbatha Wambua*

TIME	VICTORIA HALL 1	VICTORIA HALL 3
12:20	**12:20–12:45 Bubble CPAP: Why Oscillations Matter** *Dr Brian Maugo*	**12:20–12:45 Arterial Lines for All?** *Dr Betty Sirera*
12:45	**12:45–12:55** *Discussion*	**12:45–12:55** *Discussion*
12:55 –13:55	*Lunch · Dining Hall*	
13:55 PARALLEL to 15:20	PARALLEL SESSION · 13:55–15:20 **End of Life** Theme: Ethics, Equity & End-of-Life **Chairs:** Dr George Njogu, Dr June Mutwiri **13:55–14:20 Are We Creating Survivors or Victims? Goals of Care for the Frail** *Dr Esther Nafula*	PARALLEL SESSION · 13:55–15:20 **Hot Topics in Critical Care** Theme: Innovation in Research & Education **Chairs:** Dr Isaac Kihurani, Dr Khadija A Mohamed **13:55–14:20 RSI Trial: Etomidate vs. Ketamine (2025)** *Dr Mohamed Billow*
14:20	**14:20–14:45 Low-Cost Comfort Care: Nurse-Initiated Interventions that Improve Dying with Dignity in Kenyan Hospitals** *Lilian Karanja*	**14:20–14:45 Difficult Airway Society: 2025 Guidelines in the ICU** *Dr Charles Kabetu*
14:45	**14:45–15:10 Ethical Dilemmas in ICU: Case Based Discussion** *Prof Sayed Karar*	**14:45–15:10 Cardiac Arrest: Manual vs. Mechanical Ventilation** *Dr Benjamin Wachira*
15:10	**15:10–15:20** *Discussion*	**15:10–15:20** *Discussion*
15:20 –15:50	*Tea Break & Poster Presentation / Judging · Exhibition Area · Poster judges: Dr Brenda Kunga, Dr Mark Gacii, Dr Carolyne Njoki, Dr Sally Getugi, Dr Mohamed Billow, Dr George Njogu, Dr Charles Kabetu, Dr Angela Ongewe*	
19:00 –21:00	SOCIAL EVENT · ALL HALLS **Closing Ceremony & Gala Dinner** 19:00–21:00 · Main Hall · **Chairs:** Dr Sally Getugi, Dr Carolyne Njoki	